6 CRITICAL STEPS TO CLEAN HANDS

1. Wet hands & forearms. Use running water as hot as you can stand it. It should be at least 100°F (38°C).

2. Apply soap. Use enough soap to build up a good lather.


4. Rinse. Rinse hands and arms using warm water.

5. Dry hands. Dry hands and arms with a single-use paper towel or hand dryer.

6. Use a paper towel to turn off the sink. By using the paper towel to turn the faucet, you will prevent your hands from getting re-contaminated.

It's important that all workers know and understand proper handwashing procedures. Need additional training? Call Steritech to schedule a special session! 800.868.0089 • www.steritech.com